

Nokia group exercise attendance

Autumn 2025



SUMMARY ALL FINLAND	Aug	Sept	Oct	Nov	Dec	Total
Attendance	130	321	300	294	205	1250
Average att.	11,5	11,8	11,3	12,3	11,4	11,6

ESPOO

Tuesday	Aug	Sept	Oct	Nov	Dec	Total
Gym Circuit Attendance	36	97	76	68	54	331
Average att.	18,0	19,4	19,0	17,0	18,0	18,3
Wednesday	Aug	Sept	Oct	Nov	Dec	Total
Mobility Training Attendance	22	42	45	40	34	183
Average att.	11,0	10,5	9,0	10,0	11,3	10,4
Thursday	Aug	Sept	Oct	Nov	Dec	Total
Functional Circuit Attendance	32	50	61	46	30	219
Average att.	16,0	12,5	12,2	11,5	10,0	12,4

OULU

Monday	Aug	Sept	Oct	Nov	Dec	Total
Gym Circuit Attendance	18	51	39	55	28	191
Average att.	9,0	10,2	9,8	13,8	9,3	10,4
Wednesday	Aug	Sept	Oct	Nov	Dec	Total
Gym Circuit Attendance	14	36	40	41	28	159
Average att.	7,0	9,0	8,0	10,3	9,3	8,7

TAMPERE

Tuesday	Aug	Sept	Oct	Nov	Dec	Total
Gym Circuit 55' Attendance	8	45	39	44	31	167
Average att.	8,0	9,0	9,8	11,0	10,3	9,6

