

Registrations and attendance at Spring courses 2023

ESPOO

Site	Course	Date / Time	Registered	In que	Attended	Attendance %
Building 10	Gym Start	Wed 8.2. at 15.30-17.00	16	0	13	81
Karakaari 7	Asahi	Fri 17.3. at 11.45-13.15	19	0	10	53
Building 10	Gym Start	Mon 20.3. at 16.00-17.30	19	5	14	74
Karakaari 7	Advanced Mobility (Lower body)	Mon 17.4. at 14.45-16.15	24	0	18	75
Building 10	Bodyweight Training	Wed 26.4. at 15.30-17.00	20	13	8	40
Karakaari 7	Advanced Mobility (Upper body)	Mon 8.5. at 14.45-16.15	29	0	14	48
All			127	18	77	

OULU

Site	Course	Date / Time	Registered	In que	Attended	Attendance %
Rusko Gym	Gym Start	Thu 9.2. at 17.15-18.45	20	3	20	100
Rusko Gym	Gym Start	Tue 21.3. at 17.15-18.45	18	0	9	50
Rusko	Fitness Boxing 1 Basic	Thu 20.4. at 17.15-18.45	29	0	13	45
Rusko	Fitness Boxing 2 Advanced	Thu 11.5. at 17.15-18.45	26	0	14	54
Rusko	Running Technique	Thu 25.5. at 17.15-18.45	20	11	14	70
All			113	14	70	

TAMPERE

Site	Course	Date / Time	Registered	In que	Attended	Attendance %
HVT30	Trail Running	Tue 9.5. at 17.00-18.30	18	0	11	61
All			18	25	11	